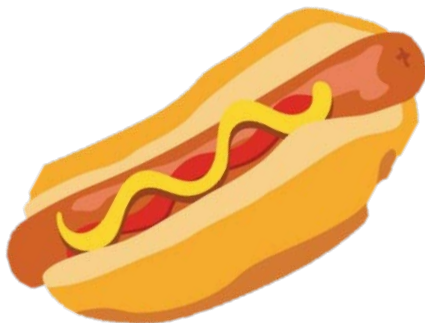
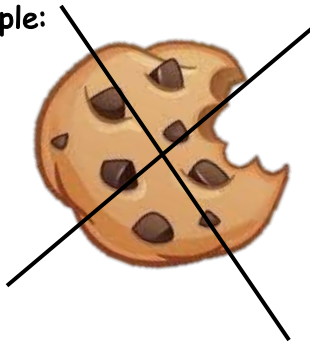


# ACTIVITIES

1. Cross (X) junk food that makes the boy in the picture obese.

Example:



2. Fill in the names of health problems you can have when you eat junk food. Look at the clues and pictures that can help you. Look at the example.

## Stay Healthy



Illustration of a crossword puzzle grid with numbered squares. The grid is partially filled with illustrations: a boy holding his head in pain (1), a girl with a magnifying glass (2), a girl on a scale (4), and a boy with a pimple (5). A blood glucose meter is shown at the bottom left, and a boy with a pimple is at the bottom right.

Example:

5	A
	C
	N
	E

### CLUES

#### ACROSS

- 3 .... is when a person has much body fat  
 6 When you eat much salt you will have a .....

#### DOWN

- 1 When you eat lots of sugar you will have a .....  
 2 When you eat much junk food you are lazy and you feel .....  
 4 People with ..... must monitor their blood sugar level s  
 5 Red pimples on your skin and back are called .....

# Happy Tooth, Sad Tooth

Which food makes your teeth happy and sad?  
Cut out and glue the food to the correct tooth.

