

## ACTIVITES

1. Decide whether the following are bad (x) or good (✓) habits.

<i>I wake up at 11am every day.</i>	
<i>I drink a lot of water.</i>	
<i>I brush my teeth after every meal.</i>	
<i>I forget to wash my hands.</i>	
<i>I play with PlayStation for three hours every day.</i>	
<i>I always eat chocolate for lunch.</i>	
<i>I play football with my friends every weekend.</i>	
<i>I watch TV at night.</i>	

What about you? Write down one of your good and one of your bad habits. Ex: I go to sleep early every night.

1 A good habit

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2 A bad habit

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2. Connect the parts of the sentences, and create sentences with **SHOULD** and **SHOULDN'T**

Ex: I should wash my teeth three times a day.

1

should  
shouldn't

wake up early  
drink soda  
watch a lot of TV  
protect your skin  
wash your hands  
eat a lot pizza  
eat breakfast  
always stay indoors

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

7 \_\_\_\_\_

8 \_\_\_\_\_

3. Colour and cut out the pictures, then glue them in the correct order.

